

### **INSTRUCTION FOR CT**

#### **General Information**

A Computed Tomography (CT) scan is a diagnostic imaging exam that uses X-ray technology to produce detailed images of any part of the body, including the bones, muscles, organs and blood vessels. It usually couples with the administration of intravenous iodinated contrast medium to better visualize the details of body parts and relevant pathology.

## **Preparation**

- 1. Female patient must not be pregnant.
- 2. No Barium study for 10 days before CT examination.
- 3. Additional patient preparation when intravenous contrast medium for CT scan is needed:
  - i. You might have a light meal 4 hours prior to your exam
  - ii. If you have previous reaction to contrast medium, you may need to follow the instruction for steroid cover before CT scan.
  - iii. Please withhold Metformin on the day of exam and 48 hours after the examination.
- 4. Please stop Viagra or Cialis at least 24 hours before your **CT coronary angiogram** exam.

## **Personal Belongings**

- 1. Hong Kong ID card / travel document.
- 2. Please bring with you the request form and/or referral letter.
- 3. Please bring old films / CD/DVD for comparison if available.

#### Remarks

- 1. Please arrive 30 minutes before.
- 2. For cancellation or re-scheduling of the appointment, please notify us before at your earliest convenience.
- 3. Please contact us during our office hour at 2153 9347 if any complication concerning the injection arises at home. If it happens outside office hours, please seek medical advice from accident and emergency department



## 電腦掃描檢查注意事項

# 一般資料

電腦掃描(CT)是一種成像診斷檢查,它利用 X 射線技術生成身體內部的圖像。它可以顯示身體任何部位的詳細圖像,包括骨骼、肌肉、器官和血管。它通常與靜脈注射碘化造影劑相結合,以更好地觀察身體部位和相關病理的細節。

### 檢查須知

- 1. 女性病人必須確定沒有懷孕。
- 2. 掃描前 10 日不可以接受任何鋇餐造影檢查。
- 3. 需接受電腦斷層掃描顯影劑病人的預備:
  - i. 可於檢查前 4 小時內輕食。
  - ii. 如病人曾對顯影劑過敏,請依從指示預服防敏感藥物。
  - iii. 如糖尿病人需服用 Metformin,請於檢查當日及檢查後 48 小時暫停服用。
- 4. 接受冠狀動脈電腦掃描造影的病人須在檢查前 24 小時停止服用壯陽藥物。

#### 個人物品

- 1. 請攜帶香港身份證或旅行證件或出生證明,並在接待處登記。
- 2. 請帶同醫生的轉介信/檢查表格。
- 3. 如有相關的影像舊片及/或光碟請一併帶同。

### 備註

- 1. 請於檢查前 30 分鐘抵達診所。
- 2. 如欲取消預約或改期,請儘早致電通知本診所。
- 3. 若於家中出現注射後併發症,請於辦公時間內致電 2153 9347。如併發症出現在辦公時間外,請向急症部門求助。